A PUBLICATION OF THE WEST JEFFERSON UNITED METHODIST CHURCH WEST JEFFERSON, OHIO

God Hunger

elcome to the brink of fall! It doesn't seem possible that school is about to or already has begun; our college kids have left to begin their new journeys or are continuing on that road. We look back on our vacations that seem so long ago now and we prepare for the coming busyness of fall. Are you

ready?

It's so easy to get distracted by the demands on our everyday lives—the schedules, the deadlines, the unforeseen circumstances that sap our time and energy. In the midst of our packed schedules, we can find ourselves chasing after that which is most pressing rather than that which is most necessary. We tend to want to push some things to the back and out of the way, especially our relationship with God. That's probably the last thing we should do.

We need to be intentional about pursuing God and seeking God's voice in our lives. We need to stir up a hunger for God. And as we cultivate a hunger in our own lives, those around us will naturally become more spiritually hungry too.

Spiritual hunger points to a sense of discontentment, emptiness, and longing. The phrase "hungering for God" points to a solution—the very hunger and desires are meant to be satisfied in God. But how do we discover God in our everyday as the source of satisfaction and joy in this life? How do we find the time to do that?

First, we need to pray for the hunger. Asking, "Lord, please make me hungrier for you," is a prayer God doesn't say no to! Spending time in the Scripture and encountering those "aha" moments also stirs up the hunger to know God and seek God in greater depth.

But one of the biggest things we can do to stir our spiritual hunger is to simply talk about what God is doing in our lives and what we want God to do. If someone starts talking about Texas barbeque, the kind with the pulled pork that melts in your mouth, and a big cold tangy glass of lemonade, followed up by a scoop of homemade ice cream, I start to get hungry—even if I've just eaten! If talking about food makes us physically hungry, how much more does talking about God make us spiritually hungry? We often don't become God-hungry until we're starving to death!

You have an opportunity each week to take time to feed that God-hunger by meeting with other believers to talk about God and how Jesus has worked and is working in your life. You can worship weekly, sing or play bells in a choir to praise God, you can join a Sunday School class, Bible Study, Disciple, choir, or something else available here.

Another great way to feed your God-hunger is to attend an **Emmaus Weekend**! Emmaus is a wonderful weekend where you get steeped in God's love, joy, and song! I am the Spiritual Director for the Greater Columbus Emmaus Community and would love to talk to you about attending a weekend. The next one is a Woman's Walk October 5-8th. I will be serving on this Walk as will Susie Weller. Another Co-Ed Walk is planned in the Spring as well. Check out Emmaus at the UpperRoom.org or GCEmmaus.org

Come on back to church, Sunday School, and other opportunities that will begin on Sept. 10th! Don't spiritually starve to death! Join us!

See you in church!

Pastor Ruth





CHURCH N

The Emmaus women's walk will be from Thursday, October 5th to Sunday October 8th. Sign up for a weekend of meaningful stories and scripture.

Contact Pastor Ruth or visit the Emmaus website for details:

Upperroom.org GCEmmaus.org







third Saturday of the month, 8-10am.

Sufficient Grace starts up again in September. Meetings are every Monday at 1pm.





Leadership meets every 4th Monday of the month at 6:30pm to discuss current topics and upcoming church issues.

9/16, Join as at 9am!

Sunday School will start back up on September 10th and is open to ages 3 and up during the regular church service time. If you have any questions or would like to find out how you can help out please see Wendy Parks!

5)		General Fund 2023					
C			July	YTD				
		GF Income	16,316.00	94,117.92				
١		GF Expenses	14,836.19	101,617.83				
			1,479.81	-7,499.91				
		On the back	e back table in the sanctuary are First Fr					

e First Fruit forms for people who want to set up an automatic withdrawal from their bank to the credit union we use. A form can also be accessed on the website, wjumc.org under "Giving." Please give a COPY to the church and the ORIGINAL to your bank.

ANCIAL NEWS ; Duane Stokes, Treasurer



The Good Samaritan Food pantry is looking for some more able volunteers who are available to work on Wednesday from 12:30 to 3:00pm.

Tasks would be to supervise clients picking up food items and getting food supplies ready for distribution.

You should be able to lift and move boxes.

Please see Sharon Garver if you're interested or call/email the church office.



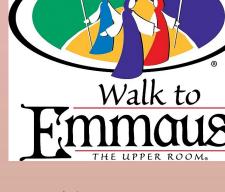
come."



Bishop Gregory Palmer will be on tour this fall with a series called "Grace Upon Grace." These district gatherings will have two key components: Teaching on the Means of Grace and Organizing the work of the new districts. "Our time together will include Reaffirmation of Our Baptismal Vows and Celebration of

Join Bishop Palmer on Tuesday, September 26 in Springfield on High Street. This series will likely be Bishop Palmer's last of his district visitations, so consider attending and enjoying an evening of inspired words and worship!

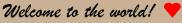
Holy Communion. The gatherings will be at 6pm and all are wel-



Congratulations goes out to Laura Francis on a new granddaughter: Gentry Jolene Francis.

Congratulations also to the Ellingers on the birth of their great-granddaughter.

Congrats to Susie & Nick Weller's son and daughter in law Patrick & Ashley Jarvis on the birth of their daughter: **Charlotte Oliva Jarvis**



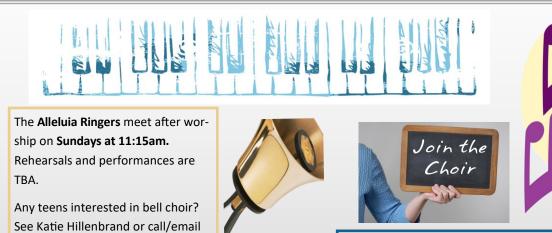


Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Food Pantry 10- 11a
3	4	5	6	7	8	9
Worship 10a	Sufficient Grace 1p Boy Scouts 121 6:30-9:30p	Food Pantry Set- up 7:30a Shawls sisters 9a	Food Pantry 2-3p Choir 7p			Food Pantry 10- 11a
10	11	12	13	14	15	16
Worship 10a God's Kids	Sufficient Grace 1p Boy Scouts 121	Food Pantry Set- up 7:30a Shawls sisters 9a	Food Pantry 2-3p Choir 7p	17	13	Food Pantry 10- 11a Community Breakfast 8-10a
	6:30-9:30p					UM Women 9a
17 Worship 10a God's Kids	18 Sufficient Grace 1p Boy Scouts 121 6:30-9:30p	19 Food Pantry Set- up 7:30a Shawls sisters 9a	20 Food Pantry 2-3p Choir 7p	21 Girls Scouts Service Unit 6-8p	22	23 Food Pantry 10- 11a
24	25	26	27	28	29	30
Worship 10a God's Kids	Sufficient Grace 1p Leadership Mtg 6:30p Boy Scouts 121 6:30-9:30p	Food Pantry Set- up 7:30a Shawls sisters 9a Grace Upon Grace Event, 6p in Springfield	Food Pantry 2-3p Choir 7p			Food Pantry 10- 11a









Beginning September 6, **Chancel Choir** will be starting back up. Adults <u>(and Young Adults</u>!) are welcome to join.

<u>Rehearsals</u> are <u>Wednesdays @ 7pm</u> in the church sanctuary. See Jeanne Godden if you or someone you know is interested!



God's Kids starts back up on Sept 10. <u>Attending re-</u> <u>hearsal is important!</u> Children's choir practice is immediately following the church service in the chapel. The nursery will be open for children younger than 3.

the church office.



Praise Team: Have any contemporary favorites or new requests? Let us know! We want to worship God with what we all like to sing. Feel free to approach any of our musicians or music leaders.



Christmas Cantata: New recruits are always welcome to join us in the choir for the Christmas Cantata. Rehearsals begin around late November during Wednesday practice and after church worship. Every year is a new adventure to the stable!



Music Opps: If there are any young up-and-coming musicians with something musical to share, feel free to approach any of our music leaders. Allowances can be made! We'd love to hear and share in your musical offering.



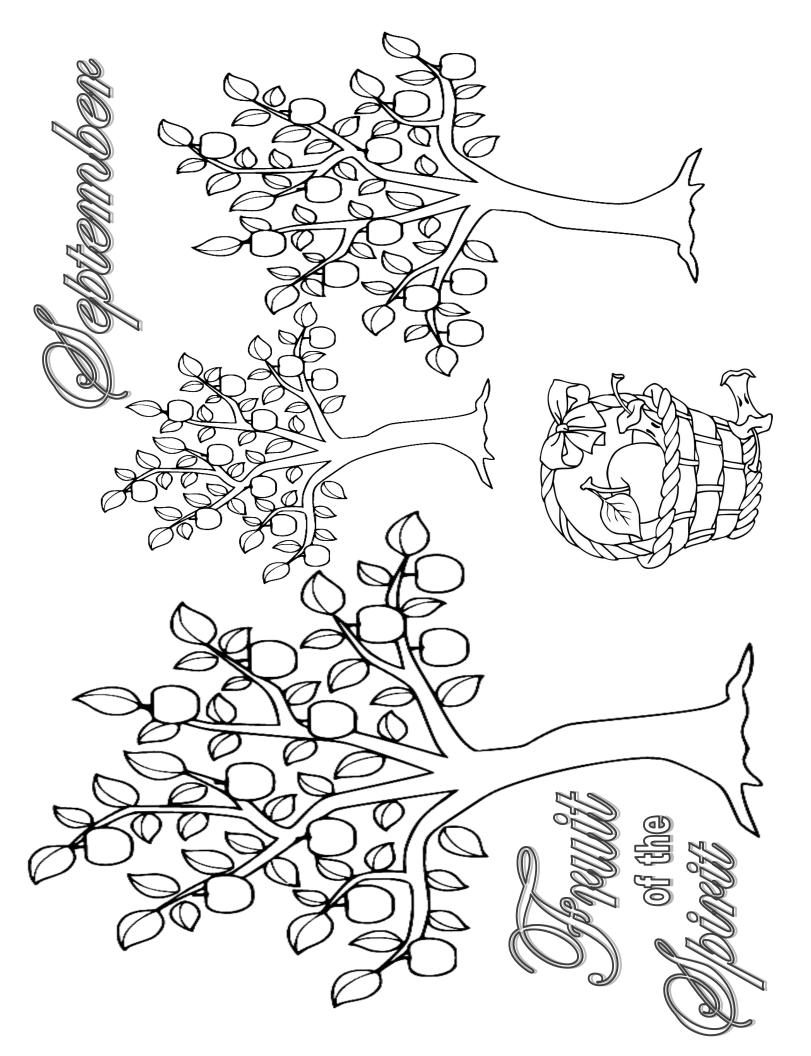


HELP STOCK THE NORWOOD ELEMENTARY CARE CLOSET!



Help us stock the Norwood Care Closet! We are in need of the following items in gently used, good, or new condition:

- all sizes girls, solid black or gray leggings and/or sweat pants and elastic waist shorts all sizes
- small and medium boys gray and black sweatpants and elastic waist shorts all sizes
- small and large girls shirts
- boys and girls underwear all sizes (new only please)
- boys and girls socks all sizes (new only please)
- girls shoes size 8,12,13,1,2,5
- boys shoes size 8,12,13,1,2,3,5





West Jefferson United Methodist Church

36 South Center Street West Jefferson OH 43162 614-879-8130 Email: wjumc@att.net Rev. Ruth Pribe, Pastor Email: preacherlady@aol.com Worship 10AM Sunday School 10AM YouTube, Facebook, or by CD (audio only)



